

Atal Bihari Vajpayee Vishwavidyalaya, Bilaspur (C.G.)



Scheme and Syllabus

of

M.A. (Psychology)

Program Code: MAPSYR123

**Semester system for affiliated college
(As per LOCF and credit system)**

w.e.f. 2023-2024

(As approved by AC and EC meetings held on 16.08.2023 and 18.04.2023 respectively)



Scheme of MA Psychology under Semester System
Program code – MAPSYR123

Semester	Course code	Subject name	Credit			Total Credit	Marks			
			L	P	T		ESE	IA	Total	
							Max	Min		
First	PSYT101	Basic Psychological Process-I	3	-	1	4	80	20	100	36
	PSYT102	Social Psychology	3	-	1	4	80	20	100	36
	PSYT103	Basic Research Methodology	3	-	1	4	80	20	100	36
	PSYT104	Psychopathology	3	-	1	4	80	20	100	36
	PSYP101	Practicum Experiment	-	4	-	4	100	-	100	33
Sub Total			12	4	4	20	-	-	500	-
Second	PSYT201	Basic Psychological Processes-II	3	-	1	4	80	20	100	36
	PSYT202	Group Processes and Cultural Psychology	3	-	1	4	80	20	100	36
	PSYT203	Advance Research Methodology	3	-	1	4	80	20	100	36
	PSYT204	Physiological Psychology and Health Behaviours	3	-	1	4	80	20	100	36
	PSYP201	Practicum -Testing	-	4	-	4	100	-	100	33
Sub Total			12	4	4	20	-	-	500	-

17/01/21

17/01/21



Program Specific Outcomes (PSOs)

PSO No.	Program Specific Outcomes (PSOs)
PSO1	<p>Upon completion of this program the student's will be able to-</p> <p>Educational skills –</p> <ul style="list-style-type: none">i) Develop knowledge in their chosen optional papers like industrial, organizational or clinical psychology etc. along with deeper understanding of all Human mental processes.ii) Use skills in lab as well as the real life situations.iii) Develop critical reasoning ability to Deal with situations.iv) Able to carry out tasks independently.v) Understand the different fields and scope of psychology.vi) Convey key concept and the academic and theoretical approach in different ways of psychological science.
PSO2	<p>Personal and Social skills–</p> <ul style="list-style-type: none">i) Develop positive traits like self awareness, self control, social participation, empathy, and compassion.ii) Become skilled at the social cooperation and collaboration.iii) Realize the power of groups & Display leadership skills.iv) Develop an empathetic outlook towards other people and their surroundings.
PSO3	<p>Research skills –</p> <ul style="list-style-type: none">i) Students will be able to apply the research findings to real life situations. Conduct a comprehensive review of existing literature and formulate hypotheses based on that.ii) Develop a deep understanding of research tools, Methodology and Ethical research practices.iii) Students will be aware by the utility of SPSS and make them friendly with SPSS.
PSO4	<p>Entrepreneurial and cultural skills –</p> <ul style="list-style-type: none">i) Develop deep self awareness including biases of their own and cultural ideas.ii) Exhibit sensitivity, and deep understanding on how different socio-cultural factors affecting human behavior.iii) To recognize the relationship between culture and environment of society.iv) Value and respect intellectual property rights and is aware of the implications of engaging in unscrupulous means.
PSO5	<p>Diagnostic Skills-</p> <ul style="list-style-type: none">i) To know the different approaches of psychotherapies and how to apply Psychotherapies on people with mental disorder.ii) To recognize the clinical symptoms of mental Disorder.iii) To elucidate diagnosis techniques.iv) To understand how to prevent mental disorders.
PSO6	<p>Counseling Skill-</p> <ul style="list-style-type: none">i) Think critically about various issues and debates in counseling psychology.ii) Develop skill to use various approaches of counseling to diverse populations.iv) Understand knowledge of Counseling Skills, Enhancement in self-awareness, and Development of skill in using counseling techniques.v) Develop general understanding of the profession of counseling.



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कोनी पुलिस थाना के सामने, बिलासपुर-रतनपुर मार्ग, कोनी, बिलासपुर (छ.ग.) 495009
Website: www.bilaspuruniversity.ac.in

Program Learning Outcomes (PLOs)

The main mission of the Post Graduate program is to provide a course of study that reflects both breadth and depth in the field of psychology. The department of psychology set up the following outcomes for Post Graduate program:-

1. PLO1- To provide students with an understanding of human behavior that will support their ability to participate as informed members of the society, and to develop in them an empathetic outlook towards others and their surroundings.
2. PLO2- To provide students with excellent and rigorous training in Psychology both theoretically and practically.
3. PLO3 - To build deep expertise in the respective domain as well as a broad.
4. PLO4- Describe the evolution of psychology and the major pioneers in the field.
5. PLO5- Identify the various approaches, fields, and subfields of psychology along with their major concepts and important figures.
6. PLO6- Describe the value of psychology and possible careers paths for those who study psychology.
7. PLO7-To develop an empathetic outlook towards other people and their surroundings.
8. PLO8- Be aware of and execute ethical principles.
9. PLO9- Convey key concept and the academic and theoretical approach in different ways of psychological science.
10. PLO10- Use psychological principles to generate solutions to personal, social, organizational and societal problems.



Part A: Introduction			
Program: M.A.	Semester: I	Year: First Year	w.e.f. : 2023-2024
1. Course Code	PSYT101		
2. Course Title	Basic Psychological Processes -I		
3. Course Type	Theory		
4. Pre-requisite (If any)	-		
5. Course Learning Outcomes (CLO)	<p>At the end of this course, the students will be able to:</p> <ul style="list-style-type: none"> ● Know What psychology is all about. ● Define and explain the basic principle in psychology ● Demonstrate the principles of psychology in daily life and for the welfare of society. ● Appreciation of the scope and the field of psychology. ● Understanding concept such as perception, attention, motivation and emotion. 		
6. Credit Value	04		
7. Total Marks	Internal Marks: 20 External Marks: 80	Min. Passing Marks:36	

Part B: Content of the Course		
Unit	Topics	Total Hours
I	Psychophysics and Perception Signal detection theory, subliminal perception and related factors. Information processing approach to perception, culture and perception, perceptual styles. Ecological perspective on perception,	12
II	<p>Perceptual Processes</p> <p>Approaches to the Study of Perception: Gestalt, and physiological</p> <p>Perceptual Organization: Gestalt, Figure and Ground, Laws of Organization.</p> <p>Perceptual Constancy: Size, Shape and Brightness, Illusion, Perception of Depth and Movements.</p> <p>Role of motivation and learning in perception.</p>	12
III	Nature and concept of attention, types and theories of attention, sustained attention, mechanism of attention.	12
IV	<p>Motivation- Basic Motivational concepts: Instincts, Needs, Drives, Incentives, Motivational Cycle. Approaches to the study of motivation: Psychoanalytical, Ethological, SR Cognitive, Humanistics. Biological Motives: Hunger, Thirst, Sleep, and Sex. Social Motives: Achievement, Affiliation, Approval. Exploratory Behaviour and curiosity.</p>	12
V.	<p>Emotion</p> <p>Physiological correlates of emotions.</p> <p>Theories of emotions : James Lange, Canon-Bard, Schechter and singer.</p> <p>Conflicts: Sources and types.</p>	12



Part C - Learning Resource	
Text Books, Reference Books, E-Resources	
Text Books & Reference Books:	
1. Snodgrass, J. Gray. Et. Al (1985). Human experimental psychology, New York: Oxford University Press.	
2. Galott, K. M. (1999). Cognitive psychology in and outside laboratory, Mumbai: Thompson Asia.	
3. Amato, M. R. (1970). Experimental Psychology, New York, McGraw Hill. Sen Anima: Attention & Distraction New Delhi.	
4. Stenvens, S.(1959).Handbook of Experimental Psychology. A Wiley Publication in Psychology.	
E-Resources:	
1. Perception: -	
https://courses.lumenlcaming.com/msstate-waymaker-myichology/chapter	
2. Attention:	
https://www.verywellmind.com/what-is-attention-2795009	
http://www.psychologydiscussion.net/notes/psychology-notes/attention-and-perceptionnoteson-attention:	
3. Perception of Depth and distance-	
http://www.study.com/academy/lesson/depth-perception.html	
4. Illusion -	
https://www.britannica.com/topic/illusion	
https://images.app.goo.gl/eTPJShxKpJ8dtiQ79	

Members of Board of Studies

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1. Dr. Awantika Kaushil Chairperson	Govt. E.V.P.G. College, Korba	
2. Dr. Manjary Sharma Member	Govt. Bilasa Girls' P.G. (Auto.), College, Bilaspur	
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website: www.bilaspuruniversity.ac.in

Part A: Introduction			
Program: M.A.	Semester: I	Year: First Year	w.e.f.:2023-2024
1. Course Code	PSYT102		
2. Course Title	Social Psychology		
3. Course Type	Theory		
4. Pre - requisite (If any)	-		
5. Course Learning Outcomes (CLO)	<p>At the end of this course, the students will be able:</p> <ul style="list-style-type: none"> • Understand the significance of cognitive process like social cognition. • To acquaint students in understanding and applying theoretical perspectives in social psychological at a Cognitive affective and motivational level. • To create a sound basis in understanding. and applying theories in social Psychology in the interpersonal group and cultural context. • To develop Social Skill for healthy Social Interaction. • Understanding the basic Social Psychological concepts. 		
6. Credit Value	04		
7. Total Marks	Internal Marks: 20 External Marks: 80	Min. Passing Marks:36	

Part B: Content of the Course		
Unit	Topics	Total Hours
I	Introduction:- Current trend in social psychology. Historical background growth of social psychology, method of social psychology. Theoretical perspective psychoanalytic, symbolic interaction, socio- biology.	12
II	Social cognition, person perception, impression management. Role of stereotype in person perception.	12
III	Social Influence processes types Conformity, Compliance and obedience.	12
IV	Attitude: Nature and characteristics, development and change, theories of attitude change.	12
V	Prosocial behavior aggression and violence nature characteristics determinants theories.	12



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Part C - Learning Resource

Text Books, Reference Books, E-Resources

Text Books & Reference Books:

1. Billing, M. (1976). Deal Psychology and Inter Group Relations, NY: Academic Press
2. Lindsey, G. & Aronson, E (Eds) (1985) The Handbook of Social psychology, NY Random House.
3. Mishra, G. (1990). Applied social psychology in India ND: Sage Publication.
4. Eiser, JR. (1986). Social Psychology, London Cambridge University Press.
5. Dalal, A.K.(1989). Attribution theory and research MD Wiley limited. hill.
6. Feldman, R.S.(1985). Social Psychology, New York, McGraw.
7. Baran, A.B. & Byre, D.(1991). Social Psychology, Boston allyn & Bacon.
8. Pandey, J. (1988). Psychology in India; the state of the art, 2ND Sage.

E-Resources:

1. Brief history of social psychology,

<https://www.ukessays.com/essays/psychology/the-history-of-social-psychology-psychology-essay-phy>

2. Definition of social psychology.

<https://www.studyandexam.com/social-psychology.bomt>

3. Attitude (Evaluating and Responding to the social world):

<https://www.sparknotes.com/psychology-psych101/socialpsycholo>

<https://www.simplypsychology.org/attitudes.html>

4. Attitude change: What is Attitude change. Resisting persuasion attempt: Reactance, Forewarning. Attitude inoculation.

<https://psychology.iresearchnet.com/social-psychology/social-influence/resisting-persuasion>

<https://psychology.iresearchnet.com/social-psychology/social-influence/forewarning/>

<https://study.com/academy/lesson/attitude-inoculation-definition-explanation-examples.html>

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Part A: Introduction			
Program: M.A.	Semester: I	Year: First Year	w.e.f.:2023-2024
1. Course Code	PSYT103		
2. Course Title	Basic Research Methodology		
3. Course Type	Theory		
4. Pre-requisite (if any)	-		
5. Course Learning Outcomes (CLO)	At the end of this course, the students will be able to: <ul style="list-style-type: none">● Demonstrate the knowledge of research approach and findings in psychology● Develop a set of that extend beyond the field of psychology● Use technology for studying concept and conducting research● Able to communicate their ideas in writing and speech● Understand the logic and application of hypothesis testing		
6. Credit Value	04		
7. Total Marks	Internal Marks: 20 External Marks: 80	Min. Passing Marks:36	

Part B: Content of the Course		
Unit	Topics	Total Hours
I	Research Methodology Types of psychological research. Methods of Psychological Research: Experimental, Quasi-experimental, case studies, field studies and cross-cultural studies. Variables: Nature and types. Techniques of experimental manipulation control in experiment.	12
II	Sources of bias, Ethical issues in psychological research, Research Process: Consideration of research problem and hypothesis, Operationalization: Sampling probability and non-probability sampling.	12
III	Research designs: Cross Sectional and Longitudinal, Correlational, Factorial, randomized, block, matched group, quasi-experimental, Graceo Latin Square time series design.	12
IV	Central-tendencies, Dispersion, Normal Probability Curve, its properties and utility in inferential statistics, Null hypothesis, Type I and Type II errors, Levels of significance.	12
V	Method of Collecting data-1: Observation, Questionnaire, and Interview. Test & Scales.	12



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Part C - Learning Resource

Text Books, Reference Books, E-Resources

Text Books & Reference Books:

1. Kelingor, D.& Katz, L. (1983). Foundation of behavioral research (2nd ed), Surjeet Publication, Kamlanagr, Dclhi.
2. Kothan C.R. (1986). Research methodology: methods and techniques. Wiley eastern Ltd. New Delhi.
3. Broda, K.D. (1992). Experimental design in behavioral research Wiley eastern Ltd. New Delhi
4. Black, F.R. (1988). Quantitative research designs for social sciences thousand oaks:sage.
5. Winer, B.J. (1971). Statistical principles in experimental design. NewYork,Mcgrawhill.

E-Resources:

1. Research Methodology Psychological research.

<https://study.com/academy/lesson/what-is-research-definition-purpose-typical-re@bk.html>

Methods of Psychological Research:

<https://www.bcstdegrecprograms.org/lists/5-research-methods-used-in-psychology>

Research process,

<https://research-methodology.net/research-methodology/research-process/>

sources of bias,

<https://www.quirks.com/articles/9-types-of-research-bias-and-how-to-avoid-them>

Ethical issues in psychological Research,

<https://www.skillsyounced.com/learn/research-ethics.html>

2. Research designs:

Research designs: Meaning, purpose and principle of Research designs research.

<https://www.questionpro.com/blog/research-design/>

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Part A: Introduction			
Program: M.A.	Semester: I	Year: First Year	w.e.f.:2023-2024
1. Course Code	PSYT104		
2. Course Title	PSYCHOPATHOLOGY		
3. Course Type	Theory		
4. Pre-requisite (if any)	-		
5. Course Learning Outcomes (CLO)	<p>At the end of this course, the students will be able to:</p> <ul style="list-style-type: none"> ● To understand the assessment technique for identifying and classifying maladaptive behaviour and mental disorder. ● To gain specific knowledge about different types of mental disorder ● To understand the difference between normality and abnormality and also to identify them ● Knowledge of the importance and the use of assessment techniques in identifying different forms of maladaptive behaviour. ● Concept of psychological distress and abnormality and to understand how to achieve well-being. 		
6. Credit Value	04		
7. Total Marks	Internal Marks: 20 External Marks: 80	Min. Passing Marks:36	

Part B: Content of the Course		
Unit	Topics	TotalHours
I	Concept of Psychopathology, Classification systems in psychopathology: W.H.O. (ICD-10) and multi-axial systems (DSM-IV-TR): Evaluation of Classification System.	12
II	Theoretical background, approaches to psychopathology (1) Psychodynamic, (2) Behavioural, (3) Cognitive, (4) Phenomenological, (5) Biological and (6) Socio cultural Diagnosis purposes of diagnosis, reducing undesirable variability: diagnostic system.	12
III	Anxiety disorder: Panic Phobia, OCD, Post Traumatic, GAD, somatoform disorders, impulse control-disorder, eating disorder, sleep disorder, dissociative: Types, symptoms and management	12
IV	Psychotic disorders: Schizophrenia Mood disorder. Personality disorder (cluster categories and problems), types symptoms and management.	12
V	Substance related disorders. Mental Retardation and developmental disorders	12



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Part C - Learning Resource

Text Books, Reference Books, E-Resources

Text Books & Reference Books:

1. Aboud, T.D. (1988). Health psychology in global perspective. Thousand and CA: Sage.
Deviance: understanding modern life.
2. Adams, H.E. & Sulkar (2 ed. 1975). Pop comprehensive handbook of psychopathology.
New York, Plenum press.
3. Prokav, C.R. & Bradly, L.A. (1991) Medical psychology: Contribution to Behavioural
medicine, Academic press.
4. Davison, G.C. & Neal, J.N. (2000). Abnormal Psychology, 8th Ed. Wiley Publishers.

E-Resources:

1. <https://epgp.inflibnet.ac.in/Home>
2. <https://ndl.iitkgp.ac.in/homestudy/humanities>
3. <https://egyankosh.ac.in/handle/123456789/4448>

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Part A: Introduction			
Program:M.A.	Semester: I	Year: First Year	w.e.f.:2023-2024
1. Course Code	PSYP101		
2. Course Title	PRACTICUM		
3. Course Type	Practical		
4. Pre-requisite (If any)	-		
5. Course Learning Outcomes (CLO)	At the end of this course, the students will be able to: <ul style="list-style-type: none">● Know about the profile basic experiment and instrument in psychology.● Able to independently administer the instrument for testing purpose.		
6. Credit Value	04		
7. Total Marks	External Marks: 100	Min Passing Marks:33	

Part B: Content of the Course										
Unit	Topics	Total Hours								
	<p>The paper consists of laboratory (experiment) and field - work done throughout the semester will be evaluated at the time of examination along with the other paper distribution of marks would be as under:</p> <table><thead><tr><th></th><th>Marks</th></tr></thead><tbody><tr><td>A. Record of lab practical and field work</td><td>25</td></tr><tr><td>B. Evaluation of one lab experiment of be conducted in the examination</td><td>50</td></tr><tr><td>C. Viva-voce on practicum</td><td>25</td></tr></tbody></table> <p>Note:No Candidate would be allowed to appear in the practical examination unless his/her day-to-day practical work and report are found satisfactory.</p> <p>List of practicum:(Any five experiment and one field study)</p> <p>Experiment: -</p> <ol style="list-style-type: none">1. Constancy - size/shape/ brightness2. Digital tapping test3. Span of attention4. Emotion5. Motivation6. Aggression7. Attitude8. Stereotype <p>FieldWork:</p> <ol style="list-style-type: none">1. WorkMotivation2. Mental health3. Occupation stress4. D.A.T.5. Frustration tolerance		Marks	A. Record of lab practical and field work	25	B. Evaluation of one lab experiment of be conducted in the examination	50	C. Viva-voce on practicum	25	
	Marks									
A. Record of lab practical and field work	25									
B. Evaluation of one lab experiment of be conducted in the examination	50									
C. Viva-voce on practicum	25									



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6. Depression	
Note: Field studies to pic would be allotted by the department committee	
Part C - Learning Resource	
TextBooks,ReferenceBooks,E-Resources	
TextBooks:	
1- त्रिपाठी, ला.ब. एवं अन्य (2001). आधुनिकप्रायोगिकमनोविज्ञान। आगरा:हरप्रसाद भार्गव।	
2- Suggestive digital platforms web links- http://heecontent.upsdc.gov.irr/Home.aspx , www.psytoolkit.org	
E-Resources:	
1. https://epgp.inflibnet.ac.in/Home	
2. https://ndl.iitkgp.ac.in/homestudy/humanities	
3. https://egyankosh.ac.in/handle/123456789/4448	

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 फोन : 07752-220031, फ़ैक्स 07752-260294, ई-मेल : registrar@bilaspuruniversity.ac.in
 website: www.bilaspuruniversity.ac.in

Part A: Introduction			
Program:M.A.	Semester: II	Year: First Year	w.e.f.:2023-2024
1. Course Code	PSYT201		
2. Course Title	BASIC PSYCHOLOGICAL PROCESSES –II		
3. Course Type	Theory		
4. Pre-requisite (If any)	-		
5. Course Learning Outcomes (CLO)	<p>At the end of this course, the students will be able to:</p> <ul style="list-style-type: none"> ● To describe, recognize and apply the basic human behaviour like Learning and Memory. ● Identify and explain the principles of empiricism including how there are applied to implementation of research. ● Describe the distinct difference between the methods of caning out an experiment vs. Systematic observation and their effect on Causation. ● To develop insight into one's own and others! behaviour and underlying mental processes. ● To enrich students understanding of major" Concepts, theoretical perspective and empirical findings in basic psychology. 		
6. Credit Value	04		
7. Total Marks	Internal Marks: 20 External Marks: 80	Min Passing Marks:36	

Part B: Content of the Course		
Unit	Topics	Total Hours
I	Unit-I Learning Processes; Classical Conditioning: Procedure, Phenomena and related issues, Instrumental learning: Phenomena, Paradigms and theoretical issues; Process, Escape Conditioning, Avoidance Conditioning, Generalization: Reinforcement: Basic variables and schedules.	12
II	Experimental analysis of behaviour: Behaviour modification, shaping, Discrimination learning, Neurophysiology of learning.	12
III	Verbal learning: Methods and materials, organizational processes.	12
IV	Learning theories: Hull, Tolman Skinner Cognitive approaches in learning: Latent learning, observational learning.	12
V	<p>Memory and forgetting</p> <ul style="list-style-type: none"> ● Memory Processes: Encoding, Storage, Retrieval ● Stages of Memory Sensory memory: Short- term Memory (STM) and Long- term memory (LTM). ● Episodic and Semantic memory. Theories of Forgetting: Interference, decay, retrieval 	12



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website: www.bilaspuruniversity.ac.in

Part C - Learning Resource
Text Books, Reference Books, E-Resources
Text Books & Reference Books: <ol style="list-style-type: none">1. Snodgrass, J. & Gray, E. A. (1985). Human experimental psychology, New York: Oxford University Press.2. Galott, K. (1999). Cognitive psychology in and outside laboratory, Mumbai Thompson /Asia.3. Amato, M. R. (1970). Experimental psychology: New York McGraw Hill.4. Sen, A. (1970). Attention & Distraction, New Delhi,
E-Resources: <ol style="list-style-type: none">1. https://epgp.inflibnet.ac.in/Home2. https://ndl.iitkgp.ac.in/homestudy/humanities3. https://egyankosh.ac.in/handle/123456789/4448

Members of Board of Studies

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Part A: Introduction			
Program: M.A.	Semester: II	Year: First Year	w.e.f.: 2023-2024
1. Course Code	PSYT202		
2. Course Title	GROUP PROCESSES AND CULTURAL PSYCHOLOGY		
3. Course Type	Theory		
4. Pre-requisite (If any)	-		
5. Course Learning Outcomes (CLO)	At the end of this course, the students will be able to: <ul style="list-style-type: none">• Describe and recognize how people thought filling and behaviour being influence in social settings• To know the application of various social phenomena• To understand the basic of social psychology and to understand the individual in the social world.		
6. Credit Value	04		
7. Total Marks	Internal Marks: 20 External Marks: 80	Min Passing Marks:36	

Part B: Content of the Course		
Unit	Topics	Total Hours
I	Group Dynamics and Group behaviour, Group effectiveness, and Group Cohesiveness: meanings, formation, decision making, problem Solving and group level behaviours.	12
II	Leadership: Meaning and nature, function, styles and effectiveness.	12
III	Social issues: Poverty, Caste, gender, population issues in India, Communal tension and harmony.	12
IV	Culture and Behaviour I: Culture and Cognition and emotion. Culture and Organisation.	12
V	Culture and Behaviour II: Culture and Health. Culture and Personality. Social psychology Health, Environment and Law.	12



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Part C - Learning Resource

Text Books, Reference Books, E-Resources

Text Books & Reference Books:

1. Billing, M. (1976). Social Psychology and intergroup relations, NY: Academic Press
2. Aronson, (Eds) (1985). The Handbook of social psychology. NY: Random House.
3. Mishra, G. (1990). Applied social psychology in India ND. Sage
4. Eiser, J.R. (1986). Social Psychology. London Cambridge University press
5. Dalal, A.K. (1989). Attribution theory and research ND Wiley limited.
6. Feldman, R.S. (1985). Social Psychology, New York, McGraw hill.
7. Baran, A.B. & Byre, D. (1991). Social Psychology - Boston Allyn & Bacon.
8. Pandey, J. (1988). Psychology in India; the state. - 7th part, 2ND. Sage.

E-Resources: E-Resources:

1. <https://epgp.inflibnet.ac.in/Home>
2. <https://ndl.iitkgp.ac.in/homestudy/humanities>
3. <https://egyankosh.ac.in/handle/123456789/4448>

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Part A: Introduction			
Program: M.A.	Semester: II	Year: First Year	w.e.f.: 2023-2024
1. Course Code	PSYT203		
2. Course Title	ADVANCE RESEARCH METHODOLOGY		
3. Course Type	Theory		
4. Pre-requisite (if any)	-		
5. Course Learning Outcomes (CLO)	<p>At the end of this course, the students will be able to:</p> <ul style="list-style-type: none"> ● Have the throughout knowledge of scientific research work to be carried in psychology. ● Be well versed with the application of different Statistical methods used in testing quantitative data. ● Exhibit hands on training in using software-for analysing statistical data. ● Demonstrate different parametric and non- parametric analysis techniques ● Understanding the rational behind the usage of statistical tests in analyzing psychological data ● Deciding whether to use parametric non-parametric tests. 		
6. Credit Value	04		
7. Total Marks	Internal Marks: 20 External Marks: 80	Min Passing Marks: 36	

Part B: Content of the Course		
Unit	Topics	Total Hours
I	Experimental Design: Single Factor. Randomised block, 2X2 factorial design, repeated measures (on one factor)	12
II	ANOVA: one – way and two-way: Randomised and Repeated Measure design. ANOVA, Post ANOVA tests.	12
III	Measures of relationships: bi-serial, point bi-serial, tetra coric and phi, multiple and partial correlations.	12
IV	Regression: simple and multiple, Factor analysis: Assumptions, Methods Rotation and interpretation.	12
V	Use of computer in psychological research. Research report writing (APA style). SPSS software - use in psychological research	12



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website: www.bilaspuruniversity.ac.in

Part C - Learning Resource

Text Books, Reference Books, E-Resources

Text Books & Reference Books:

1. Kerlinger, D.& Katz, L. (1983). Foundation of behavioural research (2nd ed) Surjeet Publication, Kamlanagr, Delhi.
2. Kothan, C.R. (1986). Research Methodology: Methods and Techniques. Wiley eastern Ltd. New Delhi.
3. Brosta, KD. (1992). Experimental design in Behavioural research Wiley eastem Ltd, New Delhi.
4. Black, T.R. (1988). Quantitative research designs for social sciences thousand oaks: sage.
5. Winer, B.J. (1971). Statistical Principles in experimental design, New York, Mcgraw hill.
6. Edwards, A.K. (1976). Experimental designs in psychological research. New York holt.
7. Mason, J. (1999). Qualitative Researching, Thousand oaks: Sage.

E-Resources:

1. <https://epgp.inflibnet.ac.in/Home>
2. <https://ndl.iitkgp.ac.in/homestudy/humanities>
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Part A: Introduction			
Program: M.A.	Semester: II	Year: First Year	w.e.f.:2023-2024
1. Course Code	PSYT204 (PAPER IV)		
2. Course Title	PHYSIOLOGICAL PSYCHOLOGY AND HEALTH BEHAVIOUR		
3. CourseType	Theory		
4. Pre-requisite (If any)	-		
5. Course Learning Outcomes (CLO)	<p>At the end of this course, the students will be able to:</p> <ul style="list-style-type: none"> Understand the nature types and functions of nervous system. Understand the significant correlation of behavior and PsychologicalAspects. Understand the significant aspects of copingand importance of health enhancingbehavior. understand the neurophysiological problems. 		
6. Credit Value	04		
7. Total Marks	Internal Marks: 20 External Marks: 80	Min Passing Marks:36	

Part B: Content of the Course		
Unit	Topics	Total Hours
I	<p>Methods and Basic concepts</p> <p>Methods of Physiological psychology: Lesion and Brain Stimulation. Receptors, effectors and adjuster mechanisms. Neural impulse: Origin, conduction and measurement.</p>	12
II	<p>Sensory system: Vision and Audition. Human nervous system: Structure and functions.</p>	12
III	<p>Sleep and waking: Stages of sleep, Disorders of sleep and Physiological mechanisms of sleep and waking. Drinking and its neural mechanism; hunger and its neural mechanism. Endocrine System: Chemical and glandular.</p>	12
IV	<p>Approach to therapy (Psychoanalytic, Biological Behavioural, Behavioural medicine and spiritual therapy).</p>	12
V	<p>Mental health promotion and maintenance, present issues and trends in health psychology.</p>	12



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Part C - Learning Resource

Text Books, Reference Books, E-Resources

Text Books & Reference Books:

1. Aboud, T.D. (1988). Health psychology in global perspective. Thousand oaks, CA: Sage.
2. Page, J.D. (1975). PSYCHOPATHOLOGY: The Science of understanding Deviance. (2nd ed.).
3. Carson, C.R. & Butcher J.N. (1992). Abnormal psychology and modern life (9th ed) Harper Collins publisher.
4. Adams, H.E. & Sutkar. P.B. (1991). Comprehensive handbook of psychopathology New York, Plenum Press.
5. Prokap, C.R. & Bradly, L.A. (1991). Medical Psychology: Contribution to Behavioural medicine, Academic press,
6. Davison G.C. & Neal J.N. (2000). Abnormal Psychology 8th Ed. Wiley Publishers,

E-Resources:

1. <https://epgp.inflibnet.ac.in/Home>
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Part A: Introduction			
Program:M.A.	Semester: II	Year:First Year	w.e.f.:2023-2024
1. Course Code	PSYP201		
2. Course Title	PRACTICUM		
3. Course Type	Practical		
4. Pre-requisite (If any)	-		
5. Course Learning Outcomes (CLO)	At the end of this course, the students will be able to: <ul style="list-style-type: none">● Administer and score psychological test and interpret them● Understand and evaluate behaviour analysis● Formalising with the basic concept of test in psychology● Understand practical application of the test● Understand and evaluate human abilities through psychological test		
6. Credit Value	04		
7. Total Marks	Internal Marks: 20 External Marks: 80	Min Passing Marks:36	

Part B: Content of the Course										
Unit	Topics	Total Hours								
	<p>This paper consists of the laboratory (experimental and testing) and field work done throughout the semester and will be evaluated at the time of examination alongwith the other papers. Distribution of marks would be as under:</p> <table><thead><tr><th></th><th>Marks</th></tr></thead><tbody><tr><td>A. Record of lab practical and field work</td><td>25</td></tr><tr><td>B. Evaluation of one lab experiment of be conducted in the examination</td><td>50</td></tr><tr><td>C. Viva-voceonpracticum</td><td>25</td></tr></tbody></table> <p>Note:No Candidate would be allowed to appear in thepractical examination unless his/her day-to-day practical work and report are found satisfactory.</p> <p>List of practicums:(Any five experiment and one field study) Experiment: -</p> <ol style="list-style-type: none">1. Verbal Learning/conditioning2. Inhibition- PI and RI3. Short term memory4. Mixed type group intelligent test5. Levenson scale of locus of control6. Zeigarnik effect7. Social maturity scale <p>FieldWork:</p> <ol style="list-style-type: none">1. Achicvcmnt motivation2. Intelligence3. Personality4. Parent child relationship5. Inferiority and insecurity		Marks	A. Record of lab practical and field work	25	B. Evaluation of one lab experiment of be conducted in the examination	50	C. Viva-voceonpracticum	25	
	Marks									
A. Record of lab practical and field work	25									
B. Evaluation of one lab experiment of be conducted in the examination	50									
C. Viva-voceonpracticum	25									



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	6. Note: Fieldstudiestopicwouldbe allotted by the department committee	
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Part C - Learning Resource
TextBooks,ReferenceBooks,E-Resources
TextBooks: 1- त्रिपाठी, ला.ब. एवं अन्य (2001). आधुनिकप्रायोगिकमनोविज्ञान। आगरा:हरप्रसाद भार्गव।
E-Resources: 1. https://epgp.inflibnet.ac.in/Home 2. https://ndl.iitkgp.ac.in/homestudy/humanities 3. https://egyankosh.ac.in/handle/123456789/4448

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4. Dr. Balraj Motwani Member	D.P.Vipra College, Bilaspur	
5. Dr. Suchi Choudhari Member	D.P.Vipra College, Bilaspur	